

## Sambu Guard

**6 fl oz**

Item Catalog Number: 00573

Boosting the immune system is the key to maintaining optimal health. A strong immune system is able to properly regulate the amount of bacteria that invade the body from time to time.

A natural herbal formula, Sambu® Guard has several ingredients that have been used for years to maintain the health of the upper respiratory tract.<sup>83-86\*</sup> It is formulated with well-known immune system enhancers: elder flowers, elderberries, Echinacea, and vitamin C.

Elderberries, from the *Sambucus nigra* plant, used for centuries by Europeans to ward off infectious agents, are excellent sources of vitamin C, calcium and phosphorus. Elderberries also have high concentrations of vitamin B.<sup>83-86</sup>

Sambu® Guard's unique ingredients can stand on their own as healthful supplements, but together they are a powerful immune system booster.

## References

### Supplement Facts

Serving Size 1 tablespoon

#### Amount Per Serving

Vitamin C	80 mg
Calories	20 mg
Total carbohydrate	5 g
Sugars	5 g

Other ingredients: Wild grown elderberry (*Sambucus nigra*) fruit and flower concentrate, acerola (*Malpighia punicea*) fruit powder, certified organic Echinacea (*Echinacea purpurea*) whole plant 22:1 concentrate, in a base of water, honey, fructose, citric acid.

## Dosage and Use

- Take one tablespoon up to four times daily to support immune function especially during cold weather. Refrigerate after opening and use within eight days.

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