

## Liquid Emulsified Vitamin A

**1 oz**

Item Catalog Number: 00294

Vitamin A (retinol) is a generic term for a large number of related yellow, fat-soluble compounds obtained from some carotenoids by conversion in the liver, its storage organ. Retinol (an alcohol) and retinal (an aldehyde) are often referred to as preformed vitamin A. While carotenoids are widely distributed in such foods as green and yellow vegetables, retinol is not found in any vegetable sources, but is concentrated in egg yolks and the livers of many animals. Vitamin A, either from animal sources or synthesized in our own liver, is essential for growth and reproduction, maintaining healthy vision, and supporting protein synthesis and cell differentiation.

Anyone taking very high doses of vitamin A should do so under the care of a physician.

### References

### Supplement Facts

Serving Size 1 drop (45 mg)

Servings Per Container 590

### Amount Per Serving

Vitamin A 20,000 IU

Other ingredients: sunflower seed oil, polysorbate 80, cassia oil blend (cinnamic aldehyde, clove leaf oil, cinnamon leaf oil, eugenol).

This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, yeast, gluten, corn, or rice. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

### Dosage and Use

- Take one drop daily with a fat-containing, low fiber meal, or as recommended by a healthcare practitioner.

### Caution

Anyone taking very high doses of vitamin A should do so under the care of a physician. Levels above 10,000–25,000 IU/day may cause congenital deformity, fatigue, headache, mouth fissures, and increased pressure on the brain. This should be used with serum levels as guidance, and never during pregnancy.

### Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.