

**Primal Defense**

**90 caplets**

Item Catalog Number: 00571

Primal Defense™ is a whole food probiotic blend utilizing 14 species of probiotics and Homeostatic Soil Organisms™ (HSO<sup>T</sup>). Primal Defense contains naturally occurring live enzymes, minerals, amino acids, anti-oxidants and chlorophyll. Primal Defense utilizes the Poten-Zyme™ process and is delivered within a whole food matrix. The probiotic species or their enzymes that are contained in the product are listed. Studies have suggested that consumption of these beneficial *Lactobacillus* and *Bifidobacterium* may improve the natural immune response, help regulate bad bacteria, and help activate macrophages (immune cells).

- |                                  |                                |
|----------------------------------|--------------------------------|
| <i>Lactobacillus acidophilus</i> | <i>Lactobacillus casei</i>     |
| <i>Bifidobacterium longum</i>    | <i>Lactobacillus rhamnosus</i> |
| <i>Lactobacillus brevis</i>      | <i>Bacillus subtilis</i>       |
| <i>Lactobacillus salivarius</i>  | <i>Bifidobacterium bifidum</i> |
| <i>Bacillus licheniformis</i>    | <i>Lactobacillus plantarum</i> |
| <i>Bifidobacterium breve</i>     | <i>Saccharomyces boulardii</i> |
| <i>Lactobacillus paracasei</i>   | <i>Bifidobacterium lactis</i>  |

**References**

**Supplement Facts**

Serving Size 1 caplet

Servings Per Container 90

**Amount Per Serving**

|                                        |        |
|----------------------------------------|--------|
| 14 nondairy probiotic strains          | 900 mg |
| Total Calories                         | 0      |
| Total Fat                              | 0 g    |
| Sodium                                 | 5 mg   |
| Protein                                | <1 g   |
| Calcium                                | 38 mg  |
| Iron (from Ionic Plant Based Minerals) | 2.3 mg |
| Proprietary HSO Probiotic Blend        | 610 mg |

Barley Grass<sup>1</sup>, Oat Grass<sup>1</sup>,  
*Lactobacillus plantarum*, *Bifidobacterium bifidum*,  
*Bifidobacterium lactis*, *Lactobacillus rhamnosus*,  
*Bifidobacterium breve*, *Lactobacillus casei*,  
*Lactobacillus brevis*, *Lactobacillus salivarius*,  
*Lactobacillus acidophilus*, *Bacillus subtilis*,  
*Lactobacillus paracasei*, *Bifidobacterium longum*

Ionic Plant Based Minerals 285 mg

Other ingredients: fermented molasses, calcium carbonate, croscarmellose sodium, silica, magnesium stearate (vegetable source), vegetable coating (vegetable gum, dextrose, lecithin, citric acid), bacterial proteases, probiotic cultures.

Contains no artificial colors or preservatives. 100% Vegetarian.

<sup>1</sup> Produced using the Poten-Zyme™ Process.

**Dosage and Use**

- Adults take one caplet 3 times per day with 8 ounces of water or juice.
- Best taken on an empty stomach.
- Begin with one caplet per day and gradually increase to suggested amount.

## Caution

As with any dietary supplement consult your healthcare practitioner before using this product, especially if you are pregnant, nursing or under medical supervision.

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