

The Testosterone Syndrome

by Dr. Eugene Shippen

Dealing with andropause, the male menopause

The andropause years are certainly not considered the best by any man. While not as severe as menopause, the male version is lengthier- it usually lasts 15 to 20 years. And it does take quite a toll on strength, energy, vigor and sexual function.

The Testosterone Syndrome, authored by Dr. Eugene Shippen, M.D. and William Fryer, provides a persuasive argument in favor of hormone modulation in the aged male. Based on many interesting case histories, the book shows that high levels of testosterone are directly related to higher levels of mental and physical function. And it tells you how to use natural testosterone to your advantage. Required reading, *The Testosterone Syndrome* goes beyond helping you cope. It helps you LIVE.

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